

FIRST NATION OF NACHO NYAK DUN

WELLNESS

JUNE 2026

UPCOMING EVENTS

June 1 - Aftercare Drop In

June 8 - Aftercare Drop In

June 9 - Chronic Conditions Support Group

June 15 - Aftercare Drop In

June 18-29 - On the Land Camp at Ethel Lake with Special Guest: Elder Randall Tetlich

We are committed to walking alongside our citizens on their wellness journey—honouring our traditions, building connections, and creating safe, inclusive spaces for healing and growth.

Join Us!

Location and times vary. Review posters for details. Contact Mackenzie at wellnesspm@nndfn.com

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Aftercare Drop In

Support is here for you.



All are welcome. Healing grows stronger
when we show up together

A relaxed evening space for community connection and continued healing. Snacks and beverages will be provided.

On request, sessions can include:

AA, NA, Wellbriety, Sharing Circles, or Al-Anon —
with a commitment to attend.

Location: NND Wellness Centre

Time: 6:00 – 8:00 PM



JUNE 1
JUNE 8
JUNE 15

For more information, contact

Mackenzie at (867) 383-0187

or (867) 996-2265 ext 115

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*Chronic
Conditions
Support Group*



Join Laurent and Mackenzie for an open and safe place to share and talk and hear from others. This group is open to anyone living with or affected by chronic health conditions such as cancer, diabetes, asthma, chronic pain, or other chronic health challenges.

June 9, 2026

NND Wellness Centre

6:00-8:00 pm.

Support is here.

For more information, contact

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ON THE LAND CAMP

JUNE 18–29, 2026

ETHEL LAKE

Join us for time on the land this summer season. We strongly encourage all NND citizens to attend and take part in this important gathering.

Special Guest Randall Tetlichy will be present to build a traditional Hot Rock House and share teachings connected to its purpose, history, and cultural significance.

To attend camp or for more information, please contact Mackenzie at 867-383-0187.