



**Facilitator: Judy
Gingell**

**Elder's Roles &
Responsibilities and
Communication**

Elder abuse
awareness &
Pension:

Camilla Burks

**SEPTEMBER 10-13, 2018
ELDERS WORKSHOP**

Seniors & Elders workshop at VOM Community Hall

This workshop will be open to all +55 Seniors & Elders with in the community to do crafts, storytelling, and workshops to connect with one and other. It will commence social gatherings in the evening and will be a great opportunity for our Seniors & Elders to keep moving and remain healthy through the social interaction amongst one and other.

Megan/Nurse:

Medications &
Diabetes

Fall prevention,
Exercising &
Dementia:

Lisa Robertson

Canning, fishing with
Youth, Seniors &
Elders, fish-
art, Moose hair
tufting and old timers
Dance



**FIRST NATION OF NA
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867-996-2265 ext. 146

**Elders Coordinator
Jacqueline Clarke**