

FIRST NATION OF NACHO NYAK DUN (FNNND)

POSITION TITLE: Wellness Community Support Worker
DEPARTMENT: Health and Social
SUPERVISOR: Manager, Health and Social Programs
DATE: February 2017
STATUS: Part Time Term
CLASSIFICATION: Level 4

JOB SUMMARY

Reporting to the Manager, Health and Social Programs, the Wellness Community Support Worker (WCSW) is responsible for assisting in the planning, coordinating and organization of community wellness programs and services. Community wellness programs and services shall be prioritized between the Manager, Health and Social Programs and the FNNND wellness initiative designates.

Programs offered may include: basic counselling, drug and alcohol prevention, treatment and rehabilitation programming, family violence prevention programming; education awareness initiatives, land-based community programming for all age groups and programs and services on traditional teachings working with Elders.

The position will liaise with professional wellness contractors, FNNND departments and other governments and non-governmental resource agencies as directed by the supervisor. Community wellness programs and services shall be delivered according to the goals and objectives of the wellness initiative as directed by FNNND Council and Management.

MAIN DUTIES

- Liaise and assist in wellness program(s) support and delivery;
- Assist professional services contractors in liaising with FNNND citizens and community members in wellness awareness, promotion and participation;
- Assist in the planning and organization of drug and alcohol prevention programming, which may include education workshops, short courses, and land-based programming, as requested;
- Liaise with FNNND citizens and community members in seeking resources for wellness support (i.e. substance abuse, parenting support, grieving, etc.)
- Liaise with community support group activities (i.e. AA, Alanon, Alateen), healing circles, setting-up buddy systems, education workshops, and encouraging community member involvement with community programs and recreational activities;
- Able to provide a support system by way of connecting with citizens and community members in wellness successes and offers a support connection;

- Participate in training to learn skills needed to facilitate successful support groups (i.e. awareness of in-group dynamics, containment skills, dealing with angry people, and support techniques that are based on an empowerment model);
- Liaise and participate with other FNNND staff, other government and non-governmental agency staff in the wellness priorities and activities plan;
- Assist other governments and agencies in assessing community needs in regards to alcohol and drug concerns;
- Liaise with wellness designates in health and justice personnel of local culture and traditions and advising them about appropriate cultural approaches to addressing health and social issues;
- Attend staff meetings, special planning groups, or inter-agency meetings, as required;
- Ensure that information acquired through the activities of the position is held in the strictest of confidence; and
- Other duties as required.

KNOWLEDGE AND SKILLS

- Ability to take initiative and work as a part of a team;
- Ability to be creative and visionary;
- Ability to promote community wellness programs, services, activities and events to the community to gain buy-in;
- Ability to maintain strict confidentiality;
- Ability to research resources for citizen and community member needs (i.e. researching information from the internet, local community and territorial/ provincial information resources);
- Knowledge of the traditions of Yukon First Nations and FNNND citizens is important, including knowledge of spiritual beliefs and traditional healing practices and understanding the role of Elders in First Nation communities;
- Knowledge of health and social services and programs provided to and by First Nations; and
- Ability to cope with stressful situations with people in distress and being able to handle situations sensitively with the ability to foster trust and empathy in confidence.

Interpersonal Skills:

- Ability to work effectively with citizens and community members;
- Ability to establish effective working relationships with community members, staff, health and social officials, and members of external agencies and governments;
- Ability to speak effectively in public and communicate social health messages clearly to the community;
- Ability to demonstrate conflict resolution skills and assist in crisis situations in a calm manner;

- Ability to act as a positive role model for community members demonstrating the practice of a healthy lifestyle, including demonstrating stability, maturity, integrity and sobriety in the workplace; and
- Ability to work as a team member.

DECISION MAKING

The position reports to the Manager, Health and Social Programs and advises when issues or concerns arise that may adversely impact the wellness programming initiatives or the wellbeing of citizens or community members that needs to be managed based on crisis needs. The position may participate in case management and works cooperatively with others in the best interests of the citizens and community members.

IMPACT/ACCOUNTABILITY

This position is accountable for liaising and participating in community wellness initiative programming for FNNND citizens and community members. The activities of the position directly impacts the well-being and self-sufficiency of FNNND citizens and community members.

WORKING CONDITIONS

There may be requirement for travel within the community and occasional travel outside the community, upon request.

Physical effort:

- sitting, walking, driving, standing

Physical Hazards present:

- harsh weather and road conditions
- inconsistent and varied work locations
- unsanitary/infectious home conditions (i.e. home visits)
- possible unpredictable behaviours of the public

Spiritual Stress:

May arise as many high risk clients are struggling with their own spirituality and beliefs and values may be inconsistent within the home

Emotional and Mental Stress:

May arise due to the following conditions which are normal and expected in dealing with citizens and community members:

- high level of emotion
- high level of conflict situations in personal lives
- high level of dissatisfaction
- constant interruptions on an on-needed basis
- potential physical abuse
- potential abuse present homes
- grieving issues

CONDITIONS OF EMPLOYMENT

- Encouraged applicants should preferably lead a healthy, substance free lifestyle that has charisma to be able to foster trust and confidentiality;
- Position requires tact, diplomacy and discretion while dealing with sensitive information in a confidential environment;
- Valid Class 5 Yukon Driver's License;
- Security Clearance;